

What's On At MCF This Week

Monday:

- 9.45am: Toddler Group
- 5.15pm: Impact for Y1 to Y6
- 7.00pm: Zumba Class - Unit 3
- 7.45pm: Pilates - Unit 3

Tuesday:

- 10.00am: Drop-in and Foodbank
- 12.00 noon: Meet & Eat
- 7.00pm: Tuesday Night Youth
- 7.30pm: Ranmoor Core Community

Wednesday:

- 10.30am: Painted Fabrics Coffee Morning
- 1.30pm: Jordanthorpe/Batemoor Daytime Core Community
- 2.00pm: White Willows Service
- 6.00pm: Batemoor Core Community—Unit 2

Thursday:

- 8.00am: Thursday morning prayer
- 10.00am: Drop-in & Parish Nursing
- 7.00pm: Thursday Evening Drop-in - Unit 2
- 7.15pm: Beauchief and Greenhill Core Community
- 7.30pm: Jordanthorpe Evening Core Community
- 8.00pm: Norton, Norton Lees and S17 Core Communities

Friday:

- 12.45pm: Community Bible Study

Saturday:

- 7.30am: Men's prayer breakfast at 86 Hemper Lane
- 10.00am: The Work of the Holy Spirit Seminar (finishes by 3.00pm)
- No Prayer on the Precinct

Contacting Us Mid-week:

If you need to get in touch with us during the week, you can call in to the drop-ins or use any of these:
Email: office@mcfchurch.co.uk
Web: www.mcfchurch.co.uk
Tel: 0114 237 5700.

Newsletters & Prayer Letters:

The following letters are in the foyer:

- * **POCM:** The latest newsletter from Chrissy Perillo and the POCM team in the Philippines:
- * **The Oakes Holiday Centre:** The February prayer letter from the Oakes Holiday Centre.

MCF Leaders' Meeting 17th March:

There is a meeting for all MCF leaders on Sunday 17th March at 7.00pm in Unit 3.

Photography for the MCF Website:

In order to update our website and other literature with more current photographs, we shall be capturing many of our activities on camera. If you do not wish yourself or any member of your family to be on any of the church photographs please let one of the elders know.

MCF Serving God Overseas:

- * **Olivia Butters** is based in Malawi undertaking safe water projects and a fuel efficient stoves project to reduce the use of firewood. Click [here](#) for more information.
- * **Graham & Steph Reed** are working in Sachibondu, Zambia. Among other things, they are involved in building a hospital. Click [here](#) for a link to the website.

MCF E-mail List:

If you would like to receive Weekly News, prayer requests and other information electronically please send your e-mail address to graham.ince@mcfchurch.co.uk

Weekly News Next Week:

Contributions by 6.00pm on Wednesday please to: news@mcfchurch.co.uk

Meadowhead Christian Fellowship

Encountering God; Transforming Communities; Getting Involved; Living Generously

MCF Weekly News 10th February 2019



Enlarge your house; build an addition.
Spread out your home, and spare no expense!
For you will soon be bursting at the seams.
Your descendants will occupy other nations
and resettle the ruined cities.

Isaiah 54: 2-3 (New Living Translation)

Welcome to Meadowhead Christian Fellowship

Visitors:

If you are a visitor today we want to give you a special welcome as we worship God together. We hope you feel at home and please stay to chat with us over a drink after the service. It usually finishes about 11.45am.

There's a notice board on the back wall near the windows with photographs of the people to speak to if you want to know more about MCF.

Children & Youth:

The children and youth leave for their own sessions at 10.30am or soon after. Kids' Club and the Youth Group meet in another building. It's less than 30 seconds away but would visitors with children please ensure they speak to one of the Kids' Club leaders before they go out so they know where to collect them at the end of the service.

Now:

There is a prayer time in the Quiet Room at the back of the building from 9:30am – 9:55am. Everyone is welcome to join in at any time.

This Morning:

Andy Hollingum is leading and Roland Panek is speaking on the parable of "the Pharisee and the Tax Collector" from Luke 18:9-17.

The Missions Offering will be for the work of Graham & Steph Reed in Sachibondu, Zambia. Click [here](#) for a link to the website about building the Sachibondu Rural Health Centre.

This Evening:

There is a revival prayer meeting in Unit 2 at 7.00pm

Next Sunday:

Graham Ince is leading and Jonathan Dunning is speaking on The Rich Ruler and Blind Beggar from Luke 18:18-43. Sunday Lunch Fellowship is after the service.

During the service next Sunday, 17th February, we will be hearing more about building the extension to Unit 3.

Unit 3 Kitchen Annual Clean:

The kitchen in Unit 3 is due for its annual clean on 20th March. It won't be as intensive as in previous years but we still need some more helpers. Please see Karen Ince if you could be available.

Exploring Christianity and Mental Health:

The Mind & Soul Foundation is a registered charity working with Livability UK and Premier Life charities to provide information on mental health issues for the Church.

It's three fold aim is to equip, educate and encourage Christians about mental health issues from a Christian perspective. The website has a wealth of information through articles, podcasts and a Mental Health Access Pack, giving information and guidance about a range of common conditions.

This will be of help to people suffering from conditions, such as anxiety or depression, but also for those wanting to support people.

Go to <https://www.mindandsoulfoundation.org/>.

If anyone needs help, support or prayer please speak confidentially to one of the leaders.

MCF Unit 3 Library:

The Library will operate on the first Sunday of each month for you to borrow books for 4 weeks and then return them for others to enjoy. See Sarah Marsden for details.

Sunday Lunch Fellowship Next Sunday 17th February:

The next Sunday Lunch Fellowship is on 17th February. This is an opportunity for MCF folk to continue having fellowship after a Sunday morning service. It is a simple format, a bring and share lunch in someone's home.

You must let Sheila Wingrove know in advance if you want to go to.

Missions Offerings:

Solomon Kings will be with us at the end of March so we have brought forward the missions offering for his work in Delhi to 10th March. The offering for the CLC International Spanish Bible Project has been deferred to 14th April.

Rick D'Orazio visit to Sheffield on 15th February:

Rick and his wife Kalina are the team leaders of The Freedom Centre that he and his team planted in 1999. Rick travels worldwide equipping church planters and leadership teams. One of Rick's values is to see people come into their identity and destiny in Christ, and help them to steward the gift and ministry they carry.

Rick is at the D6 Youth Building, Scarsdale Road, S8 8TE on 15th February at 7.30pm

The Work of the Holy Spirit**Next Saturday 16th February:**

Everyone who attends MCF is invited to this seminar with Barry Manson on the impartation and release of the gifts of the Holy Spirit.

The day will start at 10.00am with coffee and finish by 3.00pm.

This is a very important subject for all Christians, please make it a priority if you can.

Bring your own lunch or buy sandwiches locally. Drinks will be provided.

MCF Women Quiet Afternoon:

MCF Women are holding a Quiet Afternoon on Saturday 23rd March at Unit 3 from 12.30 to 4.30pm.

The theme is 'Resting in God, a time of preparation for Easter'.

Our facilitator is a Sheffield lady, Janice Speddings, who also runs workshops and retreats.

Please book the date. More details to follow.

Karen Ince

Exercise at MCF:

There are 4 physical exercise classes available at MCF:

- * Mondays: 7.00-7.45pm Zumba. Get your heart rate up and enjoy the beat of the music;
- * Mondays: 7.45-8.30pm Clinical Pilates. Correct your posture and strengthen your core;
- * Thursdays: 10.30-11.30am in Unit 2 - Clinical Pilates again;
- * Thursdays: 12.30-1.30pm Chairobics. Gentle aerobic exercise, mainly chair based.

All classes are suitable to invite friends and relatives. Perhaps a good way to introduce some people to our Church Family? We are friendly and welcoming for all levels of fitness.

Payment is optional depending on your circumstances.

No Exercise Classes On:

There are no Pilates or Chairobics classes on Thursday 14th and Thursday 21st February and no Pilates or Zumba on Monday 18th February.

Steve & Rachel Are!

Steve & Rachel Pillar have organised one social event each month between now and June. The events include dog walking (or just walking if you don't have a dog!), fish and chip supper and a carvery breakfast.

The next event is breakfast at the Toby Carvery in Dronfield on 2nd March.